

PROGRAMME OF EVENTS – BIKE AND HEALTHY LIVING WEEK – 1-5 JUNE 2015

<u>Monday 1st June</u>	<u>Tuesday 2nd June</u>	<u>Wednesday 3rd June</u>	<u>Thursday 4th June</u> <u>TOUR DE FRANCE</u> <u>BREAKFAST</u> <u>(for early morning cyclists)</u>	<u>Friday 5th June</u> <u>DR BIKE WORKSHOPS FOR</u> <u>YEAR GROUPS</u> <u>THROUGHOUT THE DAY</u>
<u>Morning:</u>	<u>Morning:</u> <ul style="list-style-type: none"> • Y3 cyclists on main playground at break Year 6 classes Cook-a-long: Stripy Salad	<u>Morning:</u> <ul style="list-style-type: none"> • Y4 cyclists on main playground at break 	<u>Morning:</u> <ul style="list-style-type: none"> • Y5 cyclists on main playground at break 	<u>Morning:</u> <ul style="list-style-type: none"> • Y6 cyclists on main playground at break • Whole school assembly (raffle with Community Police Officers drawing prizes)
<u>Afternoon:</u> Leisure Services (Bike Safety) 30 minute session per year group Year 3 - 1305-1335 Year 4 – 1335- 1405 Year 5 – 1405-1435 Year 6 – 1435-1505	<u>Afternoon:</u> Year 3 Smoothie Bike sessions Year 5 and 6- Leisure Centre staff to school (Kids Camp activities)	<u>Afternoon:</u> Year 4 Smoothie Bike sessions Year 5 classes Cook-a-long: Stripy Salad	<u>Afternoon:</u> Community Police Officers – security bike marking and handing out of bike locks (TBC) Year 3 - 1305-1335 Year 4 - 1335-1405 Year 5 - 1405-1435 Year 6 - 1435-1505	Timetable for Dr Bike: 0930-1030 - Year 3 1115-1215 - Year 5 1300-1400 - Year 4 1400-1500 - Year 6
Year 4 Yoga Sessions (half an hour per class) SNAG children working with Year 3 classes (Nia Rees Williams to support)				