

Recordiau Mabwngampau ysgol y Graig

Ras 60m

- Bechgyn Bl 3 – [Harley Forward](#) 10.18e (2017)
Dion Vaughan Jones 10.52e (2004)
Owain Rees Williams 10.88e (2002)
- Genethod Bl 3 – [Elin Rees Williams](#) 10.44e (2004)
Siwan Owens 11.16e (2002)
- Bechgyn Bl 4 – [Cai Wyn Thomas](#) 9.60e (2017)
Owain Rees Williams 10.12e (2003)
- Genethod Bl 4 – [Nel Thomas](#) 10.20e (2017)
Mabli Grieves-Owen 10.24e (2017)
Jodi Jones 10.40e (2003)
- Bechgyn Bl 5 – [Owain Rees Williams](#) (2004) a [Benjamin Smith](#) (2017) 9.36e
Ryan Hughes 10.28e (2003)
- Genethod Bl 5 – [Nia Ginnelly](#) 9.72e (2004)
Keira Jones 10.97e (2002)
- Bechgyn Bl 6 – [Mabon Williams](#) (2017) 9.28e
Richard Williams (2003) ac Owain Williams 9.64e (2005)
- Genethod Bl 6 – [Cara Roberts](#) (2017) 9.30e
Jodi Jones (2005) ac Elin Rees Williams (2007) 9.64e
Keira Jones 9.92e (2003)

Taflu pêl

- Bechgyn Bl 3 – Daniel Jones 23m 40cm (2004)
Huw Campbell 22m 65cm (2002)
Genethod Bl 3 – Sioned Hughes 13m 70cm (2003)
- Bechgyn Bl 4 – Clayton Herrington 27m 40cm (2003)
Genethod Bl 4 – Ffion McGregor 15m (2004)
Nicola Parry 13m 70cm (2002)
- Bechgyn Bl 5 – Daniel Jones 39m 50cm (2006)
Aled Williams 33m 70cm (2004)
Joey Taylor 28m 45cm (2003)
Genethod Bl 5 – Marissa Griffiths 27m 83cm (2007)
Natalie Davies 20m 30cm (2004)
Katy Hall 16m 60cm (2003)
- Bechgyn Bl 6 – Daniel Jones 41m 30cm (2007)
Keith Jones 33m 40cm (2002)
Genethod Bl 6 – Delyth Parry 27m 70cm (2002)
Kirsty Owen 26m 15cm (2002)

Taflu gwaywffon

Bechgyn Bl 3 – [Huw Campbell](#) 19m 70cm (2002)

Genethod Bl 3 – [Crystal Owen](#) 14m 80cm (2007)

Catrin Jones 11m 30cm (2002)

Bechgyn Bl 4 – [Osian Wyn Hughes](#) 23m (2004)

Dwayne Jones 15m 55cm (2002)

Genethod Bl 4 – [Hayley Hughes](#) 13m 15cm (2002)

Bechgyn Bl 5 – [Leo Parry](#) 23m 15cm (2007)

Gafyn Môn Roberts 17m 70cm (2002)

Genethod Bl 5 – [Marissa Griffiths](#) 16m 10cm (2007)

Nia Ginnelly 13m 79cm (2004)

Imedla McGrath 12m 65cm (2002)

Bechgyn Bl 6 – [Philip Lees](#) 23m 92cm (2003)

Genethod Bl 6 – [Anna Hughes](#) 19m 10cm (2002)

Taflu coets

- Bechgyn Bl 3 – Ashley Roberts 23m 01cm (2003)
Genethod Bl 3 – Lauren Mai Williams 18m 05cm (2007)
Delyth Parry 15m 30cm (2004)
- Bechgyn Bl 4 – Aaron Jones 23m 50cm (2017)
Mark Hughes 22m 85cm (2006)
Daniel Jones 22m 09cm (2005)
Genethod Bl 4 – Louise Cleator 19m 40cm (2002)
- Bechgyn Bl 5 – Dion Jones 29m 84cm (2017)
Luke McGivern 26m 72cm (2007)
Jordan McGurk 24m 19cm (2005)
- Genethod Bl 5 – Natasha Jones 20m 01cm (2010)
Chelsey Vancorler 19m 50cm (2007)
Nia Ginnelly 18m 70cm (2004)
- Bechgyn Bl 6 – Daniel Jones 30m 65cm (2007)
Steffan Huw 26m 05cm (2003)
Genethod Bl 6 – Emma Owen 22m 40cm (2005)